

Huntington Hills Skating Club Guidelines



STARSkate Figure Skating Program

Welcome to the Huntington Hills Skating Club! To ensure a positive and successful skating experience, please adhere to the following guidelines.

> Payment for coaching is due within 7 days of billing date. Skaters will not receive lessons if payment is outstanding. Skaters will be billed for lessons, competitions, tests, meetings, music editing, etc.

> A minimum of 24 hours notice must be given if you cannot attend a scheduled session. If notice is not provided, all coaching fees will be charged.

> Skaters will not be permitted on the ice if their Club account is not in good standing.

Skaters should commit to an energized work ethic that enhances our training environment. Disruptive or inappropriate behavior will not be tolerated.

Skaters are expected to be on time for all on-ice and dryland sessions and to train throughout the entire session. For skaters to reach their full potential, it is expected that they attend all on-ice and dryland sessions for their level on each day they skate.

> Parents are not permitted to enter the ice surface area, which includes players boxes and music box, during a skating session unless a coach requests assistance. Parents are permitted in the dressing rooms only at the start/end of the session to assist with tying skates.

> Please do not interrupt coaches while they are coaching.

> Parents may not talk to the skaters on the ice. Interrupting focus during a moving session is considered hazardous and disruptive. It is unacceptable to coach your child or anyone else's child during any session.

> Parents may not watch dryalnd classes.

> The coaching team is responsible for all aspects of your child's training and is open to answering any questions or concerns you may have regarding your child's development. Feel free to contact the coaches at an appropriate time, or make an appointment if necessary. Please note that coaches may bill for these meetings.

Skaters must wear proper skating attire (no loose fitted clothing, hoodies, etc). Equipment needed for dryland classes are good cross-training runners, a yoga mat, and water bottle.

> Nutrition is a key factor to athletic success. Please pack healthy snacks to ensure adequate energy levels. No junk food at the arena.

Skaters will progress quicker with proper equipment. Be sure to talk to your coach before purchasing new boots or blades to ensure they are the best fit for your child.

Visit our website at register.hhskatingclub.com for important info sheets, Calendar of Events, schedule changes, and other important information.