

# COME SKATE WITH US!

## HHSC 2021 SUMMER 1-ON-1 Lessons

**\*\*\*AGILITY - BALANCE - CONTROL - SPEED - BODY AWARENESS\*\*\***



### 1-on-1 PRECAN/CANSKATE/TEEN/ADULT - Badge Program (Age 3-99 years) (with coaches permission)

\*this is designed to teach basic skating skills which will allow you to enter into any ice sport!  
\*will be working on the **SKATE CANADA - CANSKATE BADGE PROGRAM**

**NO SKATING ABILITY NEEDED!**

### 1-on-1 PREPOWER/HOCKEY - Badge Program (Age 5-99 years) (with coaches permission)

\*this is designed to better your skating skills for hockey, no sticks or puck, equipment optional!  
\*will be working on the **SKATE CANADA - CANSKATE BADGE PROGRAM** and other skills depending on level of skaters.

**Programs offered at VIVO arena**

VIVO: 11950 Country Village Link NE  
Entry & Exit - East arena doors (back)

### Requirements for 1-on-1 lessons due to COVID-19 (at this time)

\*Subject to change. Monitor website for details\*  
register.hhskatingclub.com

One parent will be allowed to remain in facility, if restrictions allow, only! They must remain in skaters designati  
Must be able to follow instructions at all times and follow all of the COVID-19 protocols  
Skater will be under assessment on the first day, if the 1-on-1 lessons is not a good fit for the skater, the parents will be informed

#### Skaters need:

- SKATES-Sharpened (Hockey/Figure)  
(no snap/Velcro/molded skates)
- HELMETS (CSA certified)
- GLOVES/MITTS (no hockey gloves)
- WARMS SKATING CLOTHES
- HAND SANITIZER & KLEENEX<sup>(in ziploc)</sup>
- Mask (Mandatory on entry & exit)

**Protocols and Procedures MUST be followed at all times!**

**All forms must be completed**  
Assumption of Risk and Waiver (hand in once)  
Health Screening (daily verbal at check-in)  
(or skaters will not be allowed on session)

#### IMPORTANT INFORMATION

Link available on website, see below

#### TIMES AVAILABLE TO BOOK BELOW: (first come first serve)

Week 1	Mon-Fri (July 5,6,7,8,9)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Week 2	Mon-Fri (July 12,13,14,15,16)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Week 3	Mon-Fri (July 19,20,21,22,23)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Week 4	Mon-Fri (July 26,27,28,29,30)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Week 5	Mon-Fri (August 2,3,4,5,6)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Week 6	Mon-Thu (August 9,10,11,12)	12:00pm - 12:30pm	12:30pm - 1:00pm	1:00pm - 1:30pm	
		5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
<b>OR</b>					
Monday	(July 5-August 9)	5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Tuesday	(July 6-August 10)	5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Wednesday	(July 7-August 11)	5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm
Thursday	(July 8-August 12)	5:30pm - 6:00pm	6:00pm - 6:30pm	6:30pm - 7:00pm	7:00pm - 7:30pm

Cost breakdown: \$40.00 per half hour slot (\$10.00 ice & \$30.00 coach)

\*\*above cost does not include the annual \$55.00 Registration/Admin fee for the 2020-2021 season\*\*

Payment: (once approved by Lesley) will be done on-line (register.hhskatingclub.com, create account, create skater, choose program,etc)

\*\*payment options are credit card, cash, or cheque to HHSC\*\*

\*refunds only if programs are cancelled by HHSC!

(Huntington Hills reserves the right to change and/or cancel any portion of the schedule)

**SKATE CANADA NATIONAL CERTIFIED PROGRAM.**

**TAUGHT BY NATIONAL CERTIFIED COACHES**

**With over 25 years experience**

register.hhskatingclub.com  
Contact: admin@hhskatingclub.com



### TO BOOK A SPOT

Contact coach Lesley Stewart at [admin@hhskatingclub.com](mailto:admin@hhskatingclub.com)